

Upcoming workshop- fall 2026

“Sashiko through the Season”

Create your very own design for a unique wall hanging or table mat. You have a choice of three themes: Ginkgo Blues, Cherry Blossom Time or Falling into Autumn.

The themes are based on the leaf prints: ginkgo leaves; cherry blossoms and leaves; or autumn leaves such as maple and oak.

The design will feature a section of hand painted, leaf-print resist fabric, other sections that include sashiko stitching, a photo-transfer of a printed photo of your leaf choices, and a pieced, machine -stitched Japanese quilt braid panel.

This will be a two-day workshop. The first day will be for dyeing the piece of fabric, setting out the leaf resist pieces and then starting to work on the sashiko sections.

The second day will feature making the Japanese quilt braid, continuing the sashiko stitching and planning the final layout of the piece. The two days will not be consecutive as you need time to work on the sashiko pieces before thinking of the assembly of the overall piece.

Finishing techniques will be discussed and demonstrated.

As we need nice weather to work outdoors for the dyeing, I am suggesting some possible dates early in September. Proposed dyeing dates include Sunday August 30, Monday August 31, Saturday September 5, Sunday September 6, or Sunday September 13

The second day of the workshop will be later in September or even into October.

I will provide a kit to include the paint, a piece of white cotton for the resist dyeing, plastic to keep under the painted cloth until it is dry, a 25 page notebook of instructions, a leaf photo-transfer piece, a piece of Transdoodle (for transferring the sashiko designs), stencil material if needed, and the use of my stencils for the sashiko designs.

You will be responsible for finding your leaves – and for purchasing the remaining supplies:

- * a plain coloured background piece for your sashiko designs- .5 – 1 meter of cotton
- * 5-7 print fabrics in colours to suit your season - for the braid and other design areas – fat 1/4s will likely be enough
- * 1 skein of sashiko thread (or more if several colours are wanted)
- * Chenille needle #22 or sashiko needle- your choice
- * Machine sewing thread
- * Suitable “wadding” to place in the center of the mat -Warm ‘n’ natural or polyester fleece or ?
- * Fabric for the backing and binding of the finished piece.

Fabric kit cost \$35.00. Teaching fee for the two days \$20.00. Any room rental cost will depend on the size of the class and whether or not we need to rent a room.