



Three  
Fishes



## Supply List

- ✕ 8" x 11" Aida (colour of your choice)
- ✕ DMC floss – choice of three colourways:

### Blue

310  
820 (2 skeins)  
827  
826  
986

### Orange

310  
741  
900 (2 skeins)  
970  
986

### Green

310  
564  
986  
3850 (2 skeins)  
3851

- ✕ 8½" x 11" cardstock (acid free)
- ✕ Beads:
  - 15 petite black (Mill Hill #42014)
  - 15 petite coloured beads for water bubbles
  - Small shells
- ✕ 100% cotton fabric for lining and finishing (in a colour to complement your stitching)
- ✕ Thin batting

## Stitching Instructions

### Step 1 – Basting

Fold your Aida fabric in half in both directions. Baste along both lines with a light coloured thread.

### Step 2

In one rectangle, place two more basting lines 2" from the raw edge side and 2¾" from the raw edge top (this will be the true center). In the other rectangles, you can stitch a scissor fob, a needlebook or a gift for a friend.

### **Step 3**

Using a #26 tapestry needle and 2 strands of floss, complete all stitching of the fish following the master chart.

### **Step 4**

Stitch the seaweed using 1 strand of floss – using a back stitch, primarily over two fabric threads.

### **Step 5 – Fish Eyes & Air Bubbles**

Using 2 strands of floss (DMC310), stitch the black beads for the fish's eyes. Using the petite beads for air bubbles and two strands of light coloured floss, stitch the beads in place per the master chart.

## **Finishing Instructions**

### **Step 1**

Cut 2 of each template A (scissor holder front) and B (scissor holder back).

### **Step 2**

Cut backing and lining from the batik fabric – the material should be about 1/2" wider all around than the templates. You'll need 1 of A and 2 of B.

### **Step 3**

Cut 2 pieces of the thin quilt batting about an 1/4" wider all around than the templates: 1 from the A template and 1 from the B template.

### **Step 4**

Attach the quilt batting to one side of the A cardstock and B cardstock. Trim to within an eighth of an inch wider than the cardstock.



## **Step 5**

Take your embroidered piece and place face up on top of the batting covered A cardstock. Turn over and then trim the embroidered piece to about ¾" larger all around than the cardstock. Stitch a gathering thread (using sewing thread) around the circumference of the fabric, but not too close to the edge. Center the batting covered cardstock in the middle of embroidered piece and carefully gather. Adjust to make sure that your design is centered from the front.

## **Step 6**

Using the same trimming and gathering technique – as in Step 5 – to cover the other 3 pieces of cardstock in the batik fabric. The batik back for A does not need batting – as does the one of the B backs (the padded B piece will be the front of the lined scissor holder).

## **Step 7**

Place the A pieces together – wrong sides together – and ladder stitch them together around the outside. Repeat for the B pieces.

## **Step 8**

Stitch A to B (making sure that the B padding will become the inside of the scissor holder) together using a ladder stitch.

## **Step 9 – Making Twisted Cording**

There are many great tutorials. Use this technique or search for one that works better for you.






<https://www.youtube.com/watch?v=ltW8OzN1MGo>

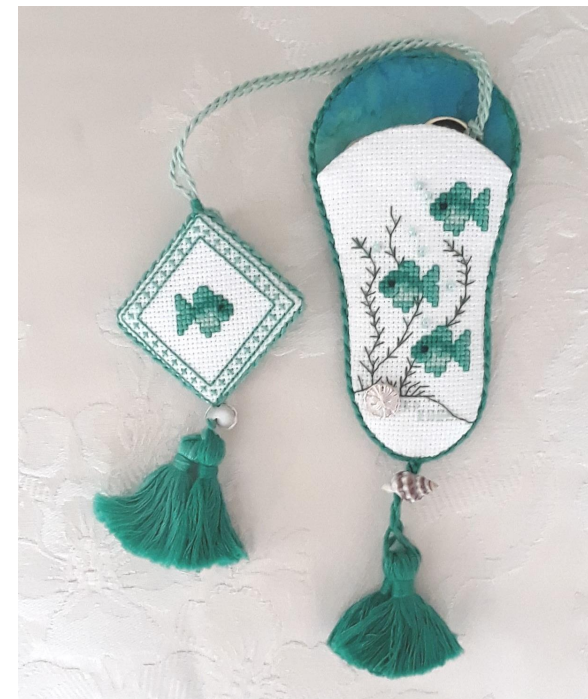
## **Step 10 – Making Tassels**

Again, there are many great tutorials. Use this technique or search for one that works better for you.

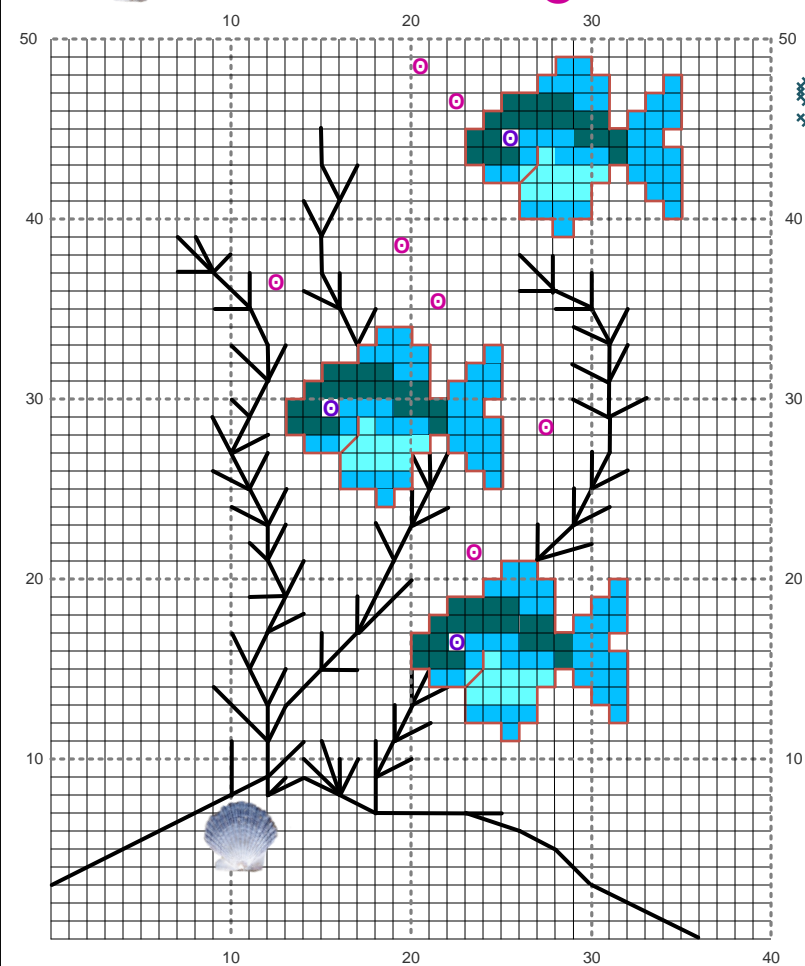
<https://www.youtube.com/watch?v=Kl1ogDNSXSo>

# Three Fishes

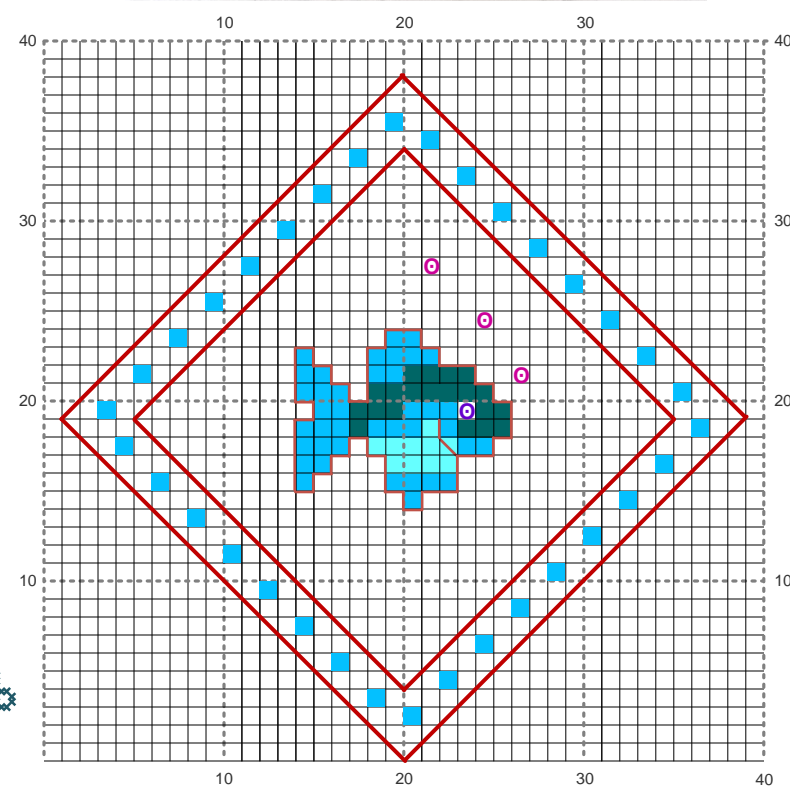
-  Dark floss
-  Medium floss
-  Light floss
-  Shell
-  DMC 310 Seaweed
-  Dark floss – fish outline (backstitch)
-  Black bead – fish eyes
-  Beads – air bubbles



Scissor Holder



Scissor Fob



**Print on to cardstock or cut out and use as a template to trace on to cardstock.**

